



Corsica River Mental Health Services announces Care Connections, a new Maryland Community Health Resources Commission (MCHRC) grant-funded program serving the mid-shore.

For Immediate Release

September 11, 2020

Corsica River Mental Health Services (CRMHS) is thrilled to announce the launch of a new program funded by the Maryland Community Health Resources Commission (MCHRC) that will help mid-shore residents access needed community resources. The Care Connections program in collaboration with University of Maryland Medical System Shore Regional Health (SRH) aims to reduce health inequities and provide technology supported interventions to address chronic behavioral health conditions for a population that repeatedly uses emergency departments and inpatient resources. Participants must be:

- 18 years of age or older
- Have a mental health or mental health and co-occurring substance use disorder diagnosis
- Lives in one of the 5 mid shore counties: Caroline, Dorchester, Kent, Queen Anne's, and Talbot county
- Visited emergency department and/or received inpatient mental health care twice within the last 12 months

The Care Connections program will work closely with Shore Regional Health staff, and with GoMo Health supported technology to offer more options for support. Participants will experience a combination of in-person, virtual, text, and chat engagement to

successfully transition from the hospital to community-based services including primary care, behavioral health specialty care, and other support services the individual needs. The Care Connections team will utilize GoMo Health's chat feature as a communication tool that will increase care coordination.

On-demand, automated text support is offered in response to key word requests sent by the participant at any time. Additionally, there are specific support tracks, where messages are pre-scheduled to be delivered each week. A participant may choose to receive these messages, or opt-out and still remain in the program and receive general messages. The Care Connections team may also broadcast messages to the participants.

The program has chat "office hours" where a Community Health Outreach Worker is available for a two-way conversation Monday through Friday from 9:00 am to 4:30 pm. These chat visits facilitate in-the-moment engagement through secure text messages. Also, the Community Health Outreach Workers will offer appointment reminders via text message and facilitate community resource engagement and attendance to appointments as needed.

"The Maryland Community Health Resources Commission congratulates Corsica River on receiving its first grant from the Commission," commented Mark Luckner, CHRC Executive Director. "This program offers an innovative approach to delivering much-needed behavioral health services for vulnerable residents on the mid-Shore, a rural and underserved area of our state."

For more details about the program, see the accompanying infographic or contact CRMHS Care Connections Program at:

*(410)758-4897*

*<https://crmhsinc.com/contact-crmhs/>*